

Common Communion Liturgy

(Adapted for Use With Children)

Communion is an embodied practice that helps us re-member Christ's body. By partaking of the elements, we reaffirm our unity in Christ and reconnect with each other. Whether at home or on the road, the following communion liturgy is designed to be used with others.

At the end of our livestream services, congregants will be invited to use the common communion liturgy with those they are gathered with. If gathering with people outside your bubble, remain two metres away, consider wearing a non-medical facemask or covering when physical distancing isn't possible, use one server only, and prevent cross-contamination. It is advisable to have people bring their own elements. Congregants may also join a ZOOM call after the service to follow the liturgy with others digitally. All are invited to read the words in bold, however, feel free to divide the other parts up to fit your specific group. This liturgy has been adapted specifically with children in mind, but please feel free to adapt further as needed.

Opening

Wherever we are, God is here.

Yes, God is here with us!

We want to open our hearts to Jesus, who loves us

Yes, we open our hearts to Jesus!

We are being invited to God's special meal.

Thank you God, Jesus and Holy Spirit!

Thanksgiving for the Work of God in Creation

Jesus, You meet us in the most ordinary of places and you make them special. You help us see the fingerprints of your love in creation, in our neighbours and in our own hearts and minds. Today we join our voices with your people on earth and all those in heaven to shout:

God you are good and we thank you for your love.

Acclamation of Praise

(Either spoken or sung to the tune of: *Frère Jacques*)

God the true God

God the true God

Is the Lord

Is the Lord

Holy, holy, holy

Holy, holy, holy

Thank you God

Thank you God

Jesus' Invitation

On the night he was arrested,

Jesus shared a meal with his friends.

He picked up some bread, gave thanks, and broke it.

He gave it to his friends.

He picked up a cup of wine and thanked God for it. He poured it out and shared it.

"My body is like this bread. It will break," Jesus told them.

"This cup of wine is like my blood. It will pour out."

"But this is how God will rescue the whole world. My life will break and God's broken world will mend. My heart will tear apart - and your hearts will heal."

"So whenever you eat and drink this meal, remember," Jesus said, "I've rescued you!"

To help us remember what was done to rescue us we say:

Jesus was born among us. Jesus was killed among us. Jesus rose and lives among us.

The Prayer Jesus Taught Us

(based on the prayer Jesus taught in Matthew 6)

We join together and pray as Jesus taught us:

Hello God!

We want to know you, and be close to you.

Please show us how.

Make everything in the world at peace again.

And in our hearts, too.

**Do what is best - just like you do in heaven,
And please do it here on earth, too.
Please give us everything we need today.
Forgive us for doing wrong, for hurting you.
Forgive us just as we forgive other people when they
hurt us.
Rescue us! We need you.
We don't want to keep running away and hiding
from you.
Keep us safe from our enemies.
You're strong, God.
You can do whatever you want.
You are in charge.
Now and forever and for always!
We think you're amazing!
Amen!**

Passing of the Peace

Let's take a moment to share the peace of Jesus with
one another by showing the peace sign and saying:
**Peace be with you.
And with you too!**

Preparing of the Elements

The bread that we share
is a sharing in the body of Christ.
Even though we are all different people, in Jesus,
we are one body.
The cup that we are thankful for,
is a sharing in the life of Christ.
Although we are all different,
we share the same gift of life.

Invitation

Here is the table set for our special meal.
The bread, the juice, ready to be served and shared.
We remember Jesus sharing a meal like this with his
disciples, his friends.
He included everyone, no one was left out.
Today we are his disciples, his friends
Each one of us is welcome.
How amazing it is to be loved and wanted, even when
we have been far from perfect.
How wonderful it is to be included as we are.

Partake of the Elements

*The body of Christ, broken for you
The blood of Christ, shed for you*

Prayer After Receiving

Great God
of all the things you have created we take the
simplest food
and find you are with us as we eat together.
In the great story of Jesus, we hear your love for all
creation being told
and we remember all Jesus has done for us because
of that love.
We pray that you send your Holy Spirit so that this
bread and juice, your body and blood, will give us
strength to live as your people full of compassion,
commitment, courage and care.
Amen.

Doxology

We sing with every person who has been at this table
in every time and in every place

To be said or sung together

Praise God from Whom all blessings flow
Praise Him all creatures here below
Praise Him above ye heavenly hosts
Praise Father, Son and Holy Ghost

Concluding Prayer

God, help make us peacemakers,
Where there is hatred, **let us show love;**
Where there is hurt, **forgiveness;**
Where there is doubt, **faith;**
Where there is despair, **hope;**
Where there is darkness, **light;**
Where there is sadness, **joy;**
Holy Creator, help us not just look out for our own
needs, **but to see the needs of others first;**
Not to make our voices heard, **but to listen;**
Not to grab attention, **but be generous with love.**
For it is when we give **that we receive.**
It is in forgiving **that we are forgiven,**
And it is in dying **that we are born to eternal life,**
with you Jesus.
AMEN.